



# 2012 February

## Middle and High School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<b>1</b> Soft Shell Beef or Fish Tacos Creamy Chicken/ Rice Tuscan Turkey Wrap Soup & Salad Bar	<b>2</b> Mini Corn Dogs Cheesy Nachos/ Tortilla Chips Cottage Cheese Fruit Soup & Salad Bar	<b>3</b> Pepperoni or Cheese Bosco Sticks/ Sauce Grilled Cheese & Soup Chunky Chicken Salad Soup & Salad Bar
<b>6</b> Rotini Pasta with Meat and Cheese Sauces Garlic Bread Stick BBQ Rib on Bun Hot Honey Chick Wrap Soup & Salad Bar	<b>7</b> Double Dogs on Buns Beef Stew on Biscuit Italian Beef/Pep Sand Soup & Salad Bar	<b>8</b> Breaded or Grilled Chicken Patty on Bun Mexican Casserole Avocado Turkey Wrap Soup & Salad Bar	<b>9</b> Roast Turkey & Stuff Ham & Cheese Hot Pockets Beef & Cheese Wrap Soup & Salad Bar	<b>10</b> Big Daddy Pizza Fish Shapes & Tartar Taco Salad/Chips Soup & Salad Bar
<b>13</b> French Toast/Sausage Chicken Quesadillas Fiery Spinach Salad Soup & Salad Bar	<b>14</b> <i>Valentine's Lunch</i> Lovin Popcorn Bowl with Mashed Potatoes Cupid's Beef Burrito Be My Mozz/Beef Wrap Soup & Salad Bar	<b>15</b> Hamburger or Garden Burger on Bun Salsa Chicken on Rice Club Quesadilla Soup & Salad Bar	<b>16</b> Spaghetti/Meatsauce Garlic Bread Sticks Corn Dog on a Stick Cheesy Chicken Sub Soup & Salad Bar	<b>17</b> Pepperoni or Cheese Bosco Sticks/Sauce Beef Noodle Cass Fancy Ham & Cheese Soup & Salad Bar
<b>20</b> No School	<b>21</b> Breaded or Grilled Chicken Patty on Bun Ham/Scalloped Potat Taco Salad/Chips Soup & Salad Bar	<b>22</b> Mini Corn Dogs Macaroni & Cheese Tuna Salad/Wheat Soup & Salad Bar	<b>23</b> Double Dogs on Buns Tex Mex Beef & Rice Crispy Chicken Wrap Soup & Salad Bar	<b>24</b> <i>NASCAR Lunch</i> Daytona Pizza Tuna Noodle 500 Cas Racey Cottage & Fruit Soup & Salad Bar
<b>27</b> Rotini Pasta with Meat and Cheese Sauces Garlic Bread Stick Turkey Burger/Bun Egg Salad/Croissant Soup & Salad Bar	<b>28</b> Chili & Cheese X-Treme Fries Beef/Cheese Quesdilla Grilled Turkey & Ch Soup & Salad Bar	<b>29</b> Chicken Strips/Roll Ham/ Spaghetti Skillet Mozz Beef Wrap Soup & Salad Bar		



**Fill one quarter of your plate with whole grain breads, rolls, tortillas crackers or chips...**

